



Water Bottle Policy

At *Just Play Sports*, we recognize the importance of keeping children hydrated during all sessions. This policy outlines responsibilities and procedures regarding water bottles.

1. Parental Responsibility

- Parents or guardians are responsible for providing a suitable water bottle for their child.
- Water bottles should be clearly labeled with the child's name to avoid confusion.

2. Access to Water

- Children will have access to refill their water bottles throughout sessions, ensuring they remain hydrated.
- Staff will encourage regular water breaks, particularly during physical activity or hot weather.

3. Spare Water Bottles

- In extreme circumstances where a child does not have a water bottle, spare bottles will be available.
- These are for temporary use and may be shared in a hygienic manner following appropriate cleaning protocols.

4. Reusable Cups

- Where possible, reusable cups will be used as an alternative to disposable cups, promoting environmental responsibility.
- Children will be guided on hygienic use and handwashing when using shared cups.

5. Safety and Hygiene

- Water stations, bottles, and cups will be cleaned and maintained according to hygiene best practice.
- Staff will supervise refills to ensure safety, prevent spills, and reduce contamination.

6. Parental Communication

- Parents will be reminded periodically to provide water bottles and encouraged to ensure they are appropriate for the child's needs.

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Signed: Jack Dillon